

The Alliance members are:

Creative Support
Home Group
If U Care Share
Mental Health Matters
Richmond Fellowship
St Margaret's Centre
Waddington Street Centre
Durham County Council and
NHS Representation



All images by Alliance Service Users

Your mental health, your Durham...

**Durham Mental Wellbeing
Alliance**
c/o Waddington Street Centre
3 Waddington Street
Durham
DH1 4BG

Office Opening Hours
Monday to Friday
09:00 – 17:00

Telephone
0300 304 5527

Email
[contactus@durhammental
wellbeingalliance.com](mailto:contactus@durhammentalwellbeingalliance.com)

Website
durhammentalwellbeingalliance.org

In partnership with



County Durham
Care Partnership 



**Working together to
improve mental health
and wellbeing across
County Durham**

durhammentalwellbeingalliance.org



The Alliance is a free service for people to access and will provide mental health, wellbeing and recovery services to those needing support. The type of support available will include:

- Outreach
- Supported Accommodation
- Mental Health Hospital Discharge
- Bereavement Support
- Suicide Prevention
- Relationship Support
- Volunteering
- Befriending
- Open Access Groups
- Drop In / Centre Based Support
- Welfare Rights
- Vocational Support including: educational, training, and employment support

The Alliance does not provide support with personal care, dressing, bathing or administration of medication.

Our aim, vision, mission and values

Aim - To build resilience, supporting people to thrive

Vision - To connect communities, drive innovation and empower people

Mission - To work together to improve mental health and wellbeing across County Durham

Aug 22



Values:

Empowerment: - we will help people to be more confident and resilient.

Accountability - together we share responsibility for delivering the best possible mental health services in Durham.

Connection - we're connected with each other, service users and with local communities.

Innovation - we'll change the way we work and transform our services.

Through the above we will achieve shared outcomes for the people of County Durham.

To be referred to Alliance services please visit:

durhammentalwellbeingalliance.org/referral/

And fill out the relevant referral form.